



# ANTI-BULLYING POLICY 2018/19



We are committed to providing a caring, friendly and safe environment for all of our members so they can participate in Futsal in a relaxed and secure atmosphere. Bullying of any kind is unacceptable at our club.

If bullying does occur, all club members or parents/carers should be confident to report and know that incidents will be dealt with promptly and effectively. We are a TELLING club. This means that anyone who knows that bullying is happening is expected to tell the Club Welfare Officer or any Committee member. This club is committed to playing its part to teach youth players to treat each other with respect.

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## What is Bullying?

Bullying is the use of aggression with the intention of hurting another person. Bullying results in pain and distress to the victim.

Bullying can be:

- **Emotional** being unfriendly, excluding (emotionally and physically) sending hurtful text messages, tormenting, (e.g. hiding kit, shin guards, threatening gestures)
- **Physical** pushing, kicking, hitting, punching or any use of violence
- **Sexual** unwanted physical contact or sexually abusive comments
- **Discrimination** racial taunts, graffiti, gestures, homophobic comments, jokes about disabled people, sexist comments
- **Verbal** name-calling, sarcasm, spreading rumours, teasing.

## Cyberbullying

This is when technology i.e mobile phones or the internet (social networking sites, chat rooms, instant messenger, tweets etc) are used to deliberately upset someone.

Bullies often feel anonymous and 'distanced' from the incident when it takes place online and 'bystanders' can easily become bullies themselves by forwarding information on. There is a growing trend for bullying to occur online or via texts – bullies no longer rely on being physically near to the young person. Mavericks Futsal Club is committed to ensuring our website and social networking pages are being used appropriately and any online bullying will be dealt with swiftly and appropriately in line with our procedure.

## Why is it important to Respond to Bullying?

Bullying hurts. No one deserves to be a victim of bullying. Everybody has the right to be treated with respect. Individuals who are bullying need to learn different ways of behaving. This Club has a responsibility to respond promptly and effectively to issues of bullying.

## Objectives of this Policy

- All club members, coaches, officials and parents/ carers should have an understanding of what bullying is.
- All club members, officials and coaching staff should know the club policy on bullying, and follow it when bullying is reported.
- All players and parents/carers should know the club policy on bullying, and what they should do if bullying arises.
- As a club we take bullying seriously. Players and parents/carers should be assured that they will be supported if bullying is reported.
- **Bullying will not be tolerated.**

## Signs and Indicators

A child may indicate by signs or behaviour that they are being bullied. Adults should be aware of these possible signs and that they should investigate if a child:

- Says he or she is being bullied
  - Is unwilling to go to club sessions
  - Becomes withdrawn, anxious or lacking in confidence
  - Feels ill before training sessions
  - Comes home with clothes torn or training equipment damaged
  - Has possessions go 'missing'
  - Asks for money or starts stealing money (to pay the bully)
  - Has unexplained cuts or bruises
  - Is frightened to say what's wrong
  - Gives improbable excuses for any of the above
- In more extreme cases;
- Starts stammering
  - Cries themselves to sleep at night or has nightmares
  - Becomes aggressive, disruptive or unreasonable
  - Is bullying other children or siblings
  - Stops eating
  - Attempts or threatens suicide or runs away

These signs and behaviours may indicate other problems, but bullying should be considered a possibility and should be investigated.



### **Bullying as a result of any form of Discrimination**

Bullying because of discrimination occurs when bullying is motivated by a prejudice against certain people or groups of people. This may be because of their gender, age, race, nationality, ethnic origin, religion or belief, sexual orientation, gender reassignment, disability or ability.

Generally, these forms of bullying look like other sorts of bullying, but in particular can include:

- Verbal abuse – derogatory remarks about girls or women, suggesting girls and women are inferior to boys and men, or that black, Asian and ethnic minority people are not as capable as white people; spreading rumours that someone is gay, suggesting that something or someone is inferior and they are “gay” – for example, “you’re such a gay!” or “those trainers are so gay!” Ridiculing someone because of a disability or mental health related issues, or because they have a physical, mental or emotional developmental delay. Referring to someone by the colour of their skin, rather than their name; using nicknames that have racial connotations; isolating someone because they come from another country or social background etc.
- Physical abuse – including hitting, punching, kicking, sexual assault, and threatening behaviour.
- Cyberbullying – using online spaces to spread rumours about someone to exclude them. It can also include text messaging, video and picture messaging.

Discrimination is often driven by a lack of understanding which only serves to strengthen stereotypes and can potentially lead to actions that may cause women, ethnic minorities, disabled people, lesbian, gay, bisexual or transgender people, or people who follow specific religions or beliefs to feel excluded, isolated or undervalued. Mavericks Futsal Club will not tolerate discriminatory language or behaviour in our club.

- If an incident occurs, members should be informed

that discriminatory language is offensive, and will not be tolerated. If a member continues to make discriminatory remarks, explain in detail the effects that discrimination and bullying has on people. If it is a young person making the remarks their parents/carers should be informed just as in any breach of the clubs Code of Conduct and this Anti-Bullying Policy.

- If a member makes persistent remarks, they will be removed from the training setting in line with managing challenging behaviour and the Club Welfare Officer or club officials will talk to them in more detail about why their comments are unacceptable.
- If the problem persists, the member will be informed of the sanctions that will apply if they continue to use discriminatory language or behaviour.
- Consider inviting the parents/carers to the club to discuss the attitudes of the youth member in line with the procedures detailed in this policy.

### **Procedures**

1. Report bullying incidents to the Club Welfare Officer (CWO) or a member of the club’s committee.
2. In cases of serious bullying, the incident will be referred to the County FA Welfare Officer for advice and possibly to The FA Case Management Team.
3. Parents/carers should be informed and will be asked to come in to a meeting to discuss the problem.
4. If necessary and appropriate, the police will be consulted.
5. The bullying behaviour or threats of bullying must be investigated and the bullying stopped quickly.
6. An attempt will be made to help the bully (bullies) change their behaviour.
7. If mediation fails and the bullying is seen to continue, the club will initiate disciplinary action under club constitution.

### **Club Actions**

If appropriate for Mavericks Futsal Club to deal with the situation without escalation, they will;

1. Attempt reconciliation by getting the parties together. It may be that a genuine apology solves the problem.

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2. If that fails/not appropriate, a small panel (made up of Chairman, CWO, Secretary, committee members) will meet with the parent and child alleging bullying to get details of the allegation. Notes should be taken for clarity, which should be agreed by all as a true account.
3. The same persons should meet with the alleged bully and parents/carers and put the incident raised to them to answer and give their view of the allegation. Notes should again be taken and agreed.
4. If bullying has in their view taken place the individual should be warned and put on notice of further action i.e. temporary or permanent suspension if the bullying continues. Consideration should be given as to whether a reconciliation meeting between parties is appropriate at this time.
5. In some cases a parent/carer of the bully or bullied player can be asked to attend training sessions, if they are able to do so, and if appropriate. The club committee should monitor the situation for a given period to ensure the bullying is not being repeated.
6. All coaches involved with both individuals should be made aware of the concerns and outcome of the process i.e. the warning.

### **In the case of adults reported to be bullying anyone within the club under 18:**

1. The County Welfare Officer will be informed and will advise on action to be taken where appropriate, this may include action by The FA Safeguarding Team.
2. It is anticipated in most cases where the allegation is made regarding a team manager, official or coach, The FA's Safeguarding Children Educational Programme may be recommended.
3. More serious cases may be referred to the Police and/ or Children's Social Care.

### **Prevention:**

- Mavericks Futsal Club has a written constitution, which includes what is acceptable and proper behaviour for all members of which the antibullying policy is one part.
- All club members and parents/carers will sign to accept the constitution upon the joining the club.
- The Club Welfare Officer will raise awareness about bullying and why it matters, and if issues of bullying arise in the club, will consider meeting with members to discuss the issue openly and constructively.

*This policy is based on guidance provided to schools by KIDSCAPE. KIDSCAPE is a voluntary organisation committed to help prevent child bullying. KIDSCAPE can be contacted on 0207 7303300 or you can access their website via [www.kidscape.org.uk](http://www.kidscape.org.uk)*

*You may also wish to access any of the following websites designed to give advice and guidance to parents/carers and children who are faced with dealing with bullying:*

### **Guidance for parents/carers/carers**

[www.anti-bullyingalliance.org.uk](http://www.anti-bullyingalliance.org.uk)  
[www.stoptextbully.com](http://www.stoptextbully.com)  
[www.beatbullying.org.uk](http://www.beatbullying.org.uk)  
[www.stonewall.org.uk](http://www.stonewall.org.uk)  
[www.bullying.co.uk](http://www.bullying.co.uk)

### **Guidance for young people**

[www.youngstonewall.org.uk](http://www.youngstonewall.org.uk)  
[www.cybermentors.org.uk](http://www.cybermentors.org.uk)  
[www.childline.org.uk](http://www.childline.org.uk)

*We would like to thank the ASA who have shared their Anti-Bullying Policy for Clubs and to Stonewall's guidance from which this recommended FA Club Anti-Bullying Policy has been developed.*

